

**Key Ingredients: America by Food**  
**Additional Readings**

Angelou, Maya. *Hallelujah! The Welcome Table: A Lifetime of Memories with Recipes*, 2004

Avakian, Arlene Voski, ed. *Through the Kitchen Window: Women Explore the Intimate Meanings of Food and Cooking*, 1997

Barer-Stein, Thelma. *You Eat What You Are; People, Culture and Food Traditions*, 1999

Barr, Andrew. *Drink: A Social History of America*, 1999

Bartlett, Jonathan. *The Cook's Dictionary and Culinary Reference*, 1996

Belasco, Warren. *Meals to Come: A History of the Future of Food*, 2006

Bower, Anne. *Reel Food: Essays on Food and Film*, 2004

Bentley, Amy. *Eating for Victory: United States Food Rationing and the Politics of Domesticity*, 1998

Campbell, BeBe Moore. *Your Blues Ain't Like Mine*, 1992

Carver, George Washington and Gary R. Kremer (Editor) *George Washington Carver: In His Own Words*, 1987

Child, Julia and Alex Prud'homme. *My Life In France*, 2006

Diner, Hasia L. *Hungering for America: Italian, Irish and Jewish Foodways in the Age of Migration*, 2001

Duyff, Roberta. *Food Folklore: Tales and Truth about What We Eat*, 1999

Earth Pledge Foundation. *Sustainable Cuisine White Papers*, 1999

Ellerbee, Linda. *Take Big Bites: Adventures Around the World and Across the Table* 2005

Ephron, Nora. *Heartburn*, 1983

Esquivel, Laura. *Like Water for Chocolate*, 1992

Esquivel, Laura, *Between Two Fires: Intimate Writing on Life, Love, Food & Flavor*, 2000

Ferris, Marcie Cohen. *Matzoh Ball Gumbo: Culinary Tales of the Jewish South*, 2005

Ferris, Susan and Richard Sandoval, *The Fight in the Fields; Cesar Chavez and the Farmworkers Movement*, 1997

Fisher, M.F.K., *How to Cook A Wolf*, 1942

Fisher, M.F.K., *Consider the Oyster*, 1941

Fitch, Noel Riley. *Appetite for Life: The Biography of Julia Child*, 1997

Flagg, Fannie, *Fried Green Tomatoes at the Whistle Stop Cafe*, 1987

Fox-Genovese, Elizabeth. *Within the Plantation Household*, 1988

Fussell, Betty. *The Story of Corn: the Myths and History, the Culture and Agriculture, the Art and Science of America's Quintessential Crop*, 1999

Gabaccia, Donna R. *We Are What We Eat: Food and the Making of Americans*, 1998

Genovese, Eugene. *Roll, Jordan, Roll: The World the Slaves Made*, 1974

Gremillion, Kristen J., Ed. *People, Plants, and Landscapes: Studies in Paleoethnobotany*, 1997

Griffiths, Sian and Jennifer Wallace. *Consuming Passions: Food in the Age of Anxiety*, 1998.

Haber, Barbara. *From Hardtack to Home Fries: An Uncommon History of American Cooks and Meals*, 2002.

Hess, John, *The Taste of America*, 2000

Kamp, David. *United States of Arugula*, 2006

Kimbrell, Andrew. *Fatal Harvest: The Tragedy of Industrial Agriculture*, 2002

Kurlansky, Mark. *Cod: A Biography of the Fish That Changed the World*, 1997

Kurlansky, Mark, *The Big Oyster: History on the Half-Shell*, 2006

Levenstein, Harvey A. *Revolution at the Table: The Transformation of the American Diet*, 1988

Marcovits, Hal. *Cesar Chavez*, 2003

Masumoto, David Mas. *Epitaph for a Peach: Four Seasons on my Family Farm*, 1996

Masumoto, David Mas. *Native Sun; Planting Roots in American Soil*, 1999

Matthiessen, Peter. *Sal Si Puedes (Escape If You Can): Cesar Chavez and the New American Revolution*, 2000

McMurry, Linda O. *George Washington Carver: Scientist and Symbol*, 1981

Mintz, Sidney, W. *Sweetness and Power: The Place of Sugar in Modern History*, 1985

Mintz, Sidney, W. *Tasting Food, Tasting Freedom: Excursions Into Eating, Culture, and the Past*, 1996.

Mitchell, Patricia B. *Soul on Rice: African Influences on American Cooking*. Virginia: Self-published, 1993.

Nabhan, Gary. *Coming Home to Eat; The Pleasure and Politics of Local Foods*, 2002

Nestle, Marion. *Food Politics: How the Food Industry Influences Nutrition and Health*, 2002.

Ozeki, Ruth, *My Year of Meats*, 1998.

Pollan, Michael. *The Botany of Desire*, 2001.

Pollan, Michael, *The Omnivore's Dilemma: A Natural History of Four Meals*, 2006

Powell, Julie. *Julie and Julia*, 2005

Reichl, Ruth. *Tender at the Bone: Growing Up at the Table*, 1998.

Reichl, Ruth. *Garlic and Sapphires: The Secret Life of a Critic in Disguise*, 2005

Rinella, Steve, *The Scavenger's Guide to Haute Cuisine*, 2006

Schlosser, Eric. *Fast Food Nation*, 2001

Schlosser, Eric and Charles Wilson, *Chew on This: Everything You Didn't Want to Know About Fast Food*, 2007

Silva, Nikki and Davia Nelson and Alice L. Waters. *Hidden Kitchens: Stories, Recipes, and More from NPR's The Kitchen Sisters*, 2005

Sinclair, Upton. *The Jungle*, 1906

Singer, Peter and Jim Mason, *The Way We Eat: Why Our Food Choices Matter*, 2006

Stieff, Frederick Philip. *Eat, Drink, and Be Merry in Maryland*, 1997 and 1932

Stern, Jane and Michael Stern. *Two for the Road: Our Love Affair with American Food*, 2006

Trillin, Calvin, *The Tummy Trilogy*, 1994

Tyler, Anne. *Dinner at the Homesick Restaurant*, 1982

Warner, William W. *Beautiful Swimmers: Watermen, Crabs, and the Chesapeake Bay*, 1976.

Williams-Forsson, Psyche. *Building Houses Out of Chicken Legs: Black Women, Food, and Power*, 2006

Wolf, Bonny and Scott Turow. *Talking with My Mouth Full: Crab Cakes, Bundt Cakes, and Other Kitchen Stories*, 2006

Wolke, Robert. *What Einstein Told His Cook; Kitchen Science Explained*, 2002.